

**Fourth Annual Sidney R. Baer, Jr. Foundation Conference:
“Innovations for Early Intervention in Major Mental Illness”**

Tuesday, November 13, 2012

8:15 am – 3:15 pm

Second Floor Conference Room
Massachusetts Mental Health Center
75 Fenwood Road
Boston MA

There will be NO FEE for conference attendance.

Seating is limited, so early registration is recommended.

Sponsored by

*Harvard Medical School Department of Psychiatry at Beth Israel Deaconess Medical Center,
Massachusetts Mental Health Center and the Department of Mental Health Center for
Excellence in Clinical Neuroscience and Psychopharmacological Research (“Commonwealth
Research Center”)*

*The 4th Annual Conference on Youth Mental Health is supported in part by an unrestricted
educational grant from the Sidney R. Baer, Jr. Foundation*

Course Directors:

Larry J. Seidman, Ph.D., Kristen Woodberry, MSW, Ph.D,
and Lawrence E. Lifson, M.D.

Completed Registration Forms should be faxed to 617-754-1250

Course Description

This one-day conference will focus on early intervention in major mental illness. Special attention will be given to issues faced by child psychiatrists and other youth mental health providers in identifying and responding to children and adolescents with emerging symptoms. Part I will review issues of assessment: identifying early signs, weighing diagnostic differentials, and managing the benefit/risk ratio within a neurodevelopmental context. Part II will highlight innovative and developmentally sensitive psychosocial and psychopharmacological treatments. The program will have leading clinical and research faculty from around the Commonwealth of Massachusetts present state-of-the-art clinical and research updates.

The objectives of this conference are to:

- Enhance child and adolescent mental health providers' knowledge of the risk factors, neurobiology, and trajectories of illness onset.
- Clarify the features of young people that are at highest risk for developing a psychotic disorder.
- Provide a review of the current strategies and available services to support early identification, intervention, and possible prevention of psychotic disorders in children and adolescents.

Tuesday, November 13, 2012

8:15-9:00AM	Registration/Continental Breakfast	Coffee and Refreshments
9:00-9:15AM	Opening Remarks: Perspectives on Prevention and Early Intervention in Major Mental Illness	Larry J. Seidman, PhD
Part 1: Assessment		
9:15-9:50AM	Walking the Line: Intervening Early While Doing No Harm	Kristen A. Woodberry, MSW, PhD
9:50-10:30AM	Why Do Many Psychiatric Disorders Begin in Adolescence?	Matcheri S. Keshavan, MD
10:30-10:45AM	Break	
10:45-11:30AM	The Differential Diagnostic Quagmire: Is it an Autism Spectrum Disorder, a Mood Disorder, and/or a Psychotic Disorder?	Jean A. Frazier, MD
11:30-12:00AM	ADHD or Precursor to Psychosis? Differentiating and Treating Attentional Problems	Larry J. Seidman, PhD
12:00-1:00AM	Lunch	
Part 2: Interventions		
1:00-1:30AM	In Massachusetts, making policy amid the Three Unspoken Tensions	Gordon Harper, MD
1:30-2:00PM	The Approach of the Center for Early Detection, Assessment, and Response to Risk (CEDAR)	Suzannah V. Zimmet, MD
2:00-2:30PM	Specialized Treatments in CEDAR: CBT, Family Treatment, and Cognitive Enhancement	Michelle Friedman-Yakoobian, PhD
2:30-3:00PM	Current Pharmacological Considerations in Treating Child and Adolescent Psychosis and Psychosis Risk	Joseph Gonzalez-Heydrich, MD
3:00-3:15PM	Closing Discussion	Larry J. Seidman, PhD & Kristen A. Woodberry, MSW, PhD & faculty

Faculty:

Jean A. Frazier, MD, Vice Chair and Director, Division of Child and Adolescent Psychiatry, Professor of Psychiatry and Pediatrics, Robert M. and Shirley S. Siff Chair in Autism, University of Massachusetts Medical School/University of Massachusetts Memorial Health Care, Worcester, MA

Michelle Friedman-Yakoobian, PhD, Clinical Team Leader of Center for Early Detection, Assessment, and Response to Risk (CEDAR), Instructor in Psychology, Massachusetts Mental Health Center, Beth Israel Deaconess Medical Center, Boston, MA, Department of Psychiatry, Harvard Medical School

Joseph Gonzalez-Heydrich, MD, Chief of the Psychopharmacology Program, Department of Psychiatry, Children's Hospital, Boston, MA, Assistant Professor of Psychiatry, Harvard Medical School

Gordon Harper, MD Associate Professor of Psychiatry, Harvard Medical School; Medical Director, Child and Adolescent Services, Massachusetts Department of Mental Health

Matcheri S. Keshavan, MD, Vice Chair, Public Psychiatry, Department of Psychiatry, Beth Israel Deaconess Medical Center, Stanley Cobb Professor of Psychiatry, Department of Psychiatry, Harvard Medical School

Lawrence Lifson, MD, Director of Continuing Education, Massachusetts Mental Health Center (MMHC); Faculty, Boston Psychoanalytic Institute; Lecturer on Psychiatry, Harvard Medical School, Associate Clinical Professor of Psychiatry, Tufts University School of Medicine

Larry J. Seidman, PhD, Director, Commonwealth Research Center; Vice Chair (Research), Massachusetts Mental Health Center, Beth Israel Deaconess Medical Center, Boston, MA, Professor of Psychology, Department of Psychiatry, Harvard Medical School

Kristen A. Woodberry, MSW, PhD, Project Director of Clinical High Risk Research, Instructor in Psychology and Licensed Clinical Social Worker, Department of Psychiatry, Beth Israel Deaconess Medical Center

Suzannah V. Zimmet, MD, Medical Director of Prevention and Recovery in Early Psychosis Program (PREP) and the Center for Early Detection and Risk (CEDAR), Massachusetts Mental Health Center, Boston, MA, Assistant Professor in Psychiatry, Harvard Medical School

Accreditation:

Physicians: There are no Category I credits available to Physicians for this conference. Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designated this educational activity for a maximum of 6 AMA PRA Category II Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: Massachusetts Mental Health Center is approved by the Arizona State Nurses Association to offer continuing education credits to participants. This program meets the criteria for 4.5 contact hours.

Psychologists: The Continuing Education Program at Massachusetts Mental Health Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Massachusetts Mental Health Center maintains responsibility for this program and its content. This program offers 4.5 credit hours.

Social Workers: For information on the status of the application to the Massachusetts Chapter of the National Association of Social Workers, please contact Ms. Maryan Picard at mpicard@bidmc.harvard.edu.

Counselors: Massachusetts Mental Health Center at Harvard Medical School is an NBCC Approved Continuing Education Provider (ACEP tm) and may offer 4.5 NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program offers 4.5 credit hours.

Innovations for Early Intervention in Major Mental Illness

Registration Form

Registration is limited to 110 people and **registration is required by October 1, 2012.**
Priority will be given to Child Psychiatrists*

Please FULLY complete this registration form

Name & Credentials

Address

Phone (Office/Cell)

Email

Professional Affiliation and Position

Child Psychiatrist? (check one) Yes No

Type of CEU certificate requested (check one):

Physician CE Psychologist CE Social Work CE Nurse CE Counselors CE

Fax or email form to: Maryan Picard, Department of Psychiatry
Email: mpicard@bidmc.harvard.edu
Fax: 617-754-1250

* Confirmation of registration will be sent by October 10, 2012.