

Do You Have Confusing Thoughts or Hear or See Unusual Things?

Are you between ages 13 - 25?

If so, you may be eligible for therapy at BIDMC as part of a study to learn more about early interventions for youth at risk for psychosis



Participation involves:

- **6 months of therapy**, including help for youth & parents in learning about thinking problems, stress management & coping strategies
- Families will be randomly assigned to either family-focused therapy or a combination of family education plus monthly youth sessions
- Full mental health evaluation with feedback
- Follow-up wellness/research check-ups for 18 months

Therapy is provided at no cost. Eligible clients receive monetary compensation for their research intake and check-up evaluations.

(617)-860-2086

Jgreen8@bidmc.harvard.edu

All calls are confidential. Calling to inquire about the study does not obligate you to participate.

BIDMC Department of Psychiatry

Michelle Friedman-Yakoobian, PhD