

**Responding to Risk for Psychosis  
Among College Students:  
Tools for Early Engagement,  
Assessment, and Treatment**

**Monday, November 27, 2017  
9am - 4pm (registration @8:15)  
Sherman Auditorium  
BIDMC East Campus**

**[Click Here to Register](#)**

**Conference Fee: \$20**

**(please contact us if this fee represents a financial hardship)**



**CEDAR**

Center For Early Detection, Assessment & Response To Risk  
Helping youth at risk for psychosis

**Special Thanks to the Massachusetts Department of Mental  
Health (DMH) and to the Sidney R. Baer, Jr. Foundation**



Beth Israel Deaconess  
Medical Center



HARVARD MEDICAL SCHOOL  
*Department of Psychiatry*



## Course Description

This program aims to help mental and medical health professionals working with college-aged students expand their knowledge about early signs of psychosis and recommended assessment and intervention strategies. The ultimate goal is to create opportunities in which young people experiencing the early signs of major mental illness can safely share what they are experiencing and be guided to appropriate resources.

Through a mix of teaching, first-hand accounts, discussion, and skills practice, participants will gain comfort asking about signs of risk, speaking to youth and families about risk, implementing intervention strategies to target early psychosis symptoms, and referring to local specialized services. The program will highlight strategies and guidelines for effectively managing tricky conversations, cultural factors, denial, and safety concerns.

**Conference Dedicated to the Memory of  
Larry J. Seidman, PhD**

## Course Objectives

**Upon completion of this program, participants will be able to:**

- 1) Explain the rationale for early detection and intervention before onset of psychotic disorders, and learn innovative strategies for engaging young people at risk.
- 2) Identify and describe at least five early symptoms that may indicate possible risk for psychosis.
- 3) Learn language and questions that can help to gather information about psychosis spectrum symptoms and communicate risk to young people and families.
- 4) Increase comfort assessing for risk of harm in the context of psychosis risk symptoms.
- 5) Describe and experience more comfort implementing recommended psychotherapeutic strategies for psychosis spectrum symptoms.

### **Course Directors:**

- Michelle L. West, PhD
- Kristen Woodberry, MSW, PhD
- Michelle Friedman-Yakoobian, PhD
- Matcheri Keshavan, MD

# Course Schedule

## Registration and Introduction

- 8:15-9 Registration  
9-9:10 Opening Remarks & Dedication to Larry Seidman, PhD  
*William Stone, PhD*

## Assessment and Engagement

- 9:10-9:50 Early Intervention Turns the Tide  
*Vinod Srihari, MD*
- 9:50-10:30 Screening, Assessment Tools, and Diagnostic Considerations for Psychosis Spectrum Symptoms  
*Megan Graham, LMHC, Janine Rodenhiser-Hill, PhD*
- Break
- 10:45-11:05 Addressing Risk for Violence and Suicide  
*Michelle West, PhD*
- 11:05-11:55 Innovative Models and Tools for Engaging Youth at Risk  
*Candice Porter, MSW, LICSW, Marsha Ellison, PhD, Dori Hutchinson, PhD; Kristen Woodberry, PhD*
- 11:55-12:20 99 Faces Introduction and Video  
*Lynda Cuttrell, MBA*
- 12:20-1 Lunch  
*Provided*

## Course Schedule

### **Psychosocial Interventions for Youth with Early Psychosis Spectrum Symptoms**

**1-1:15** Session Introduction: Early Psychosis, Brain Plasticity, and the Importance of Psychosocial Treatment  
*Matcheri Keshavan, MD*

**1:15-1:30** Expansion of Early Psychosis Efforts in MA  
*Margaret Guyer, PhD*

**1:30-1:50** Talking with Youth and Families about Psychosis Risk  
*Kristen Woodberry, PhD; Jeanne Haley, MSW, LICSW*

Break

**2-2:20** Panel: Local Treatment Innovations  
*Kristen Woodberry, PhD, Michelle Friedman-Yakoobian, PhD, Raquelle Mesholam-Gately, PhD*

**2:20-2:50** The Right Help at the Right Time  
*Dan*

**2:50-3:20** Interventions for Youth at Risk for Psychosis  
*Michelle Friedman-Yakoobian, PhD; Suzannah Zimmet, MD*

**3:20-3:50** Live Skills Practice Workshop  
*Michelle West, PhD & CEDAR Clinic Staff*

### **Conclusion**

**3:50-4** Closing Remarks  
*Matcheri Keshavan, MD*

## Faculty/Speaker Bios

**Lynda Cuttrell, MBA**, Artist and Creator, 99 Faces Exhibit at Museum of Science

**Marsha Ellison, PhD.**, Associate Professor, Department of Psychiatry; Health Research Scientist, Bedford MA Veterans Administration Hospital; Deputy Director, Transitions Research & Training Center; Systems & Psychosocial Advances Research Center, University of Massachusetts Medical School

**Michelle Friedman-Yakoobian, PhD**, Clinical Director, CEDAR Clinic of Beth Israel Medical Center (BIDMC) at Massachusetts Mental Health Center (MMHC); Instructor in Psychiatry, Harvard Medical School (HMS)

**Megan Graham, MS, LMHC**, Referral Coordinator; Psychological Studies Interviewer; Commonwealth Research Center (CRC) & CEDAR Clinic

**Margaret Guyer, PhD**, Director, DMH First Episode Psychosis Initiative; Clinician, Department of Mental Health (DMH)

**Jeanne M. Haley, MSW, LICSW**, Clinician, Framingham State University Counseling Center

**Dori Hutchinson, ScD**, Director of Services, Center for Psychiatric Rehabilitation; Associate Clinical Professor, Sargent College of Health & Rehabilitation Sciences, Boston Univ.

**Matcheri S. Keshavan, MD**, Director, Commonwealth Research Center (CRC); Stanley Cobb Professor of Psychiatry, HMS; Vice-Chair, Division of Public Psychiatry, HMS

**Raquelle I. Mesholam-Gately, PhD**, Instructor in Psychiatry, HMS; Chief Neuropsychologist & Director of Neuropsychology Research, CRC

**Candice Porter, MSW, LICSW**, VP of Outreach & Partnerships, Screening for Mental Health

**Janine Rodenhiser-Hill, Ph.D.**, Instructor of Psychology, Department of Psychiatry, HMS, BIDMC

**Vinod Srihari, MD**, Associate Professor of Psychiatry; Associate Program Director, Psychiatry Residency Training; Director, STEP Program; Yale Global Mental Health Program

**William Stone, PhD**, Associate Professor of Psychiatry, HMS; Primary Investigator, North American Prodrome Longitudinal Study (NAPLS); Director of Neuropsychology Training & Clinical Services and Fellowship Program, MMHC, BIDMC

**Michelle L. West, PhD**, Supervising psychologist, CEDAR Clinic & CRC; Project Director, NAPLS; Instructor in Psychology, HMS, BIDMC

**Kristen Woodberry, PhD, MSW**, Assistant Professor of Psychology, HMS; Director of Psychosocial Protective Mechanisms, CRC

**Suzannah Zimmet, MD**, Medical Director, CEDAR Clinic, BIDMC at MMHC; Assistant Professor in Psychiatry, HMS

## Course Credits

### **Psychologists:**

The Continuing Education Program at Beth Israel Deaconess Medical School, a major teaching hospital of Harvard Medical School, is approved by the American Psychological Association to offer continuing education for psychologists. The Continuing Education Program at Beth Israel Deaconess Medical School, a major teaching hospital of Harvard Medical School, maintains responsibility for this program.

### **Counselors:**

The Continuing Education Program at Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School, has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5689. Programs that do not qualify for NBCC credit are clearly identified. The Continuing Education Program at Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School, is solely responsible for all aspects of the programs.

### **Social Workers:**

An application to the Massachusetts Chapter of the National Association of Social Workers has been submitted for this course. For information on the status, please email [jnova2@bidmc.harvard.edu](mailto:jnova2@bidmc.harvard.edu).

### **Nurses:**

The Continuing Education Program at Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School, meets the specifications of the Board of Registration in Nursing in Massachusetts (244 CMR).

### **Physicians:**

There are no Category I credits available to physicians for this conference. This conference qualifies for Category II credits.



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### **Sponsored by:**

- Center for Early Detection, Assessment, and Response to Risk (CEDAR)
- Continuing Education Program at Beth Israel Deaconess Medical Center (BIDMC), a major teaching hospital of Harvard Medical School (HMS)
- Commonwealth Research Center (CRC) of the Department of Mental Health (DMH)
- Supported in part by an unrestricted educational grant from the Sidney R. Baer, Jr. Foundation

**For more information on the CEDAR programs, including clinical services, outreach opportunities, and research studies, visit: <http://www.cedarclinic.org>**

**If you have questions, please email Michelle Friedman-Yakoobian at: [mfriedm3@bidmc.harvard.edu](mailto:mfriedm3@bidmc.harvard.edu)**